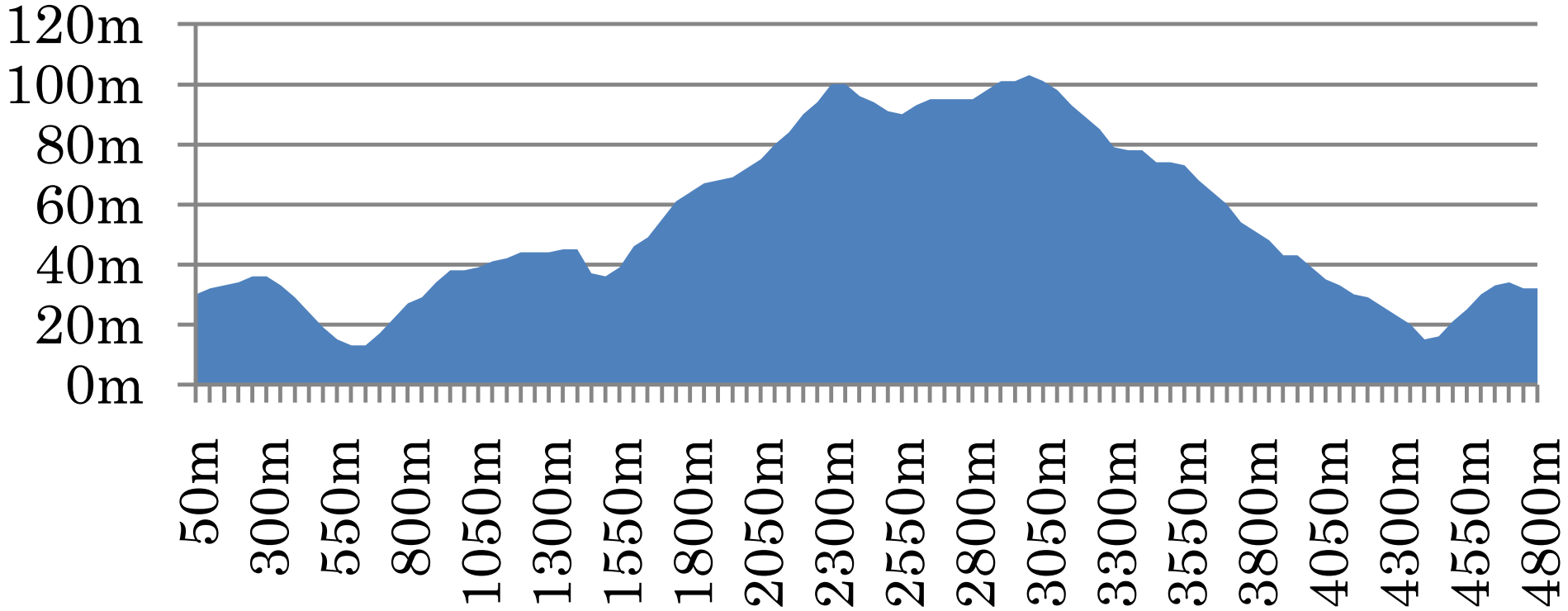風車　ウォーキングコース　高低差